

## NCC and CCG Joint Commissioning Plan 2017/18 Progress Update November 2017

Commissioning Activity and Scope	Rationale for the Review and Aim	Key Milestones	R A G	Progress to date
1. People in Nottingham adopt and maintain Healthy Lifestyles				
<b><u>Continuing</u></b>				
<b>Healthy Lifestyles</b>  (this service is being implemented)	To determine the most effective use of resource available from the Public Health Grant in supporting citizens to increase physical activity, improve diet and nutrition, reduce obesity and reduce smoking	<ul style="list-style-type: none"> <li>• New services begin in April 17</li> </ul>		<ul style="list-style-type: none"> <li>• <u>Services will be reviewed again in 2018/19</u></li> </ul>
2. People in Nottingham will have positive Mental Wellbeing and those with Serious mental illness will have good physical health				
<b><u>Continuing</u></b>				
<b>2a. Integrated Mental Health Accommodation Pathways</b>  This Review offers the opportunity to consider the whole system of support for citizens with mental health needs.  It includes inpatient mental health services delivered by the Mental Health Trust through to community-based accommodation and support.	<p>The overall performance of Mental Health provision is not well-understood and commissioning activity to date has not looked across areas of provision or produced joined-up plans with CCG colleagues.</p> <p>This is an opportunity to explore the potential for integrating provision for citizens with a physical or mental health need.</p> <p>The aim of the Review is to develop a more integrated support system for this cohort of citizens and ensure they receive the right level of support and are able to live as independently as possible within their own homes where practical.</p>	<ul style="list-style-type: none"> <li>• A detailed timeline will be agreed by all stakeholders once the initial analysis has taken place</li> <li>• Existing NCC contracts are not due to end until 2019</li> <li>• New services potentially start April 19</li> </ul>		<ul style="list-style-type: none"> <li>• Work underway with CCG to progress the review and consider a new integrated model.</li> <li>• Joint work at Chief Officer level also progressing</li> </ul>

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<p><b>2b.Future in Mind Transformation Plan (including CAMHS work)</b></p> <p>Future in Mind (FiM) is Government Guidance on promoting, protecting and improving children and young people's mental health and wellbeing</p> <p>The Nottingham and Nottinghamshire Plans have been merged to create the delivery plan for the Sustainability and Transformation Partnership's (STP) ambitions of achieving better mental health for children and young people</p>	<p>FiM provides a clear national ambition in the form of key proposals to transform the design and delivery of a local offer of services for children and young people with mental health needs.</p> <p>The aim of the work is to strengthen the way that we promote children and young people's mental health and wellbeing and improve their access to services</p>	<p>Priorities for 2017/18:</p> <ul style="list-style-type: none"> <li>• Build resilience through prevention and early intervention</li> <li>• Improve access to effective support</li> </ul>		<ul style="list-style-type: none"> <li>• A new perinatal (the period immediately before and after birth) mental health pathway is in draft format and is out for consultation with all involved stakeholders, including commissioners of the services.</li> <li>• Work is underway to develop an Emotional Wellbeing Charter for schools based on the successful Sex and Relationship Education (SRE) Charter.</li> <li>• 'Zippy's Friends' and 'Apple's Friends' are evidence based resilience programmes that are being rolled out in primary schools</li> <li>• Commissioning a 0-19 Public Health Service which promotes emotional health and well-being as a key outcome</li> <li>• Open access support provided by 'Kooth' and NGY MyPlace</li> <li>• Behavioural and Emotional Health Team offer bespoke packages of care to children and young people</li> <li>• Work is in progress between Targeted and Specialist Children and Adolescent Mental Health Services (CAMHS) in Nottingham City to work towards a system without tiers.</li> <li>• The Single Point of Access (SPA) integration working group reviews what is working well and what can be improved.</li> <li>• A specialist practitioner from Specialist CAMHS has recently been co-located within the SPA to improve access to Specialist CAMHS</li> <li>• A Children's Mental Health Commissioners group has been established to oversee how finances are allocated to the delivery of FiM work and to develop a Section 75 Agreement between NCC and the CCG. This will provide a joint budget to support the delivery of the internal CAMH Service</li> </ul>

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3. There will be a Healthy Culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill-health				
<u>New</u>				
<p><b>3a. Self-Care Review</b></p> <p>This relates to giving people the means to improve the way in which they are able to manage their own low-level needs, where this is appropriate.</p> <p>Self-care is a key work strand within the Sustainable Transformation Plan</p>	<p>'Self-care' or 'edge of care' services have been recognised as a key mechanism for effectively managing demand on the Adult Social Care System and the Health System.</p> <p>The aim of the Review is to support citizens with relatively low level needs (pre-care packages), to maintain their independence within the community for as long as possible by providing a range of preventative and early intervention services.</p>	<ul style="list-style-type: none"> <li>• Scope current services November-December 17</li> <li>• Establish a City/County Project Group</li> <li>• Determine the full scope of the review</li> <li>• Evaluate vulnerable people's preventative services and other services that support self-care</li> <li>• New services to commence - tbc</li> </ul>		<ul style="list-style-type: none"> <li>• Scoping of current contracted services that are deemed to be 'Self Care' has been completed</li> <li>• A light touch review will be undertaken on some services</li> <li>• Now forms part of STP work stream 'Prevention: Promoting Independence and Self-care'</li> <li>• Working with consultants from Centene to identify wider non-commissioned services, with expected completion December 2017 and report available January 2018. This will inform the work moving forwards.</li> <li>• The Voluntary and Community Sector operate the vast majority of the self-care market</li> <li>• The work with Centene will help to identify the areas of spend by sector i.e. Public, VCS</li> </ul>

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<p><b>3b. Home and Nursing Care Provision including Pricing Structures</b></p> <p>This is a review of services that provide residential care to vulnerable adults including:            Older adults            Adults with Learning Difficulties            Adults with Mental Health needs            Adults with Physical and Sensory Impairment</p>	<p>There is a need to review the pricing structure for care homes as it is inconsistent and complex and to link this work to the CCG's review of their health offer to this cohort of citizens.</p> <p>The aim of the review is to ensure that citizens receive the right level of support and nursing care and are accommodated appropriately to minimize the inappropriate use of high cost residential care</p>	<ul style="list-style-type: none"> <li>• Tender for consultant to undertake Fair Price for Care Review - April 17</li> <li>• Report completed - Sept 17</li> <li>• Identify scope of review – July 17</li> <li>• Consultation on scope – Aug 17</li> <li>• PID and Action Plan – Sept 17</li> <li>• Recommendations on older people's provision - November 17</li> <li>• Recommendations on higher packages of care -tbc</li> </ul>		<ul style="list-style-type: none"> <li>• A consultant to undertake the Fair Price Review work has been approved – Sept 2017</li> <li>• Timescales to be renegotiated in relation to the report into fair pricing</li> <li>• Scope for cost structure has been finalised</li> <li>• The CCG has re-configured the offer to Nursing Homes within its new Community Contract which will be awarded at the end of November</li> <li>• Housing sufficiency will be explored to ensure that there is enough of the right type of accommodation available to meet the needs of this group of citizens</li> </ul>
<p><b>3c. Information, Advice and Support Services for Children and Young People with Special Educational Needs and Disabilities (SEND)</b></p>	<p>The provision of Information, Advice and Support (IAS) Services for Children and Young People with Special Educational Needs and Disabilities and their carers is a statutory function in line with the national SEND reforms.</p> <p>The Review will bring together a range of separate contracts to maximise efficiency and create better integration for families.</p> <p>The aim of the Review is to ensure that these children, young people and their parents have a voice and are appropriately represented within the Education and Health Care Plan process.</p> <p>Current contracts/SLAs end 31<sup>st</sup></p>	<ul style="list-style-type: none"> <li>• Project Initiation Document – Dec 2016</li> <li>• Analysis Plan – Jan 2017</li> <li>• Report to CEG – direction of travel – March 2017</li> <li>• Options Generation - April 2017</li> <li>• Analysis complete - April 2017</li> <li>• Model developed May - 2017</li> <li>• Spec/s developed - June/July 2017</li> <li>• Procurement - Aug-Dec. 2017</li> <li>• New service/s in place from April 2018</li> </ul>		<ul style="list-style-type: none"> <li>• Comprehensive review of existing IAS provision completed.</li> <li>• New service model developed in consultation with parent /carers, children and young people with SEND and other key stakeholders.</li> <li>• Engagement activities undertaken in special schools and at Rainbow Parent-Carer Forum. 51 CYP took part. Survey across City and County took place Jan – April 2017. Views from both fed into Options Generation event. Engagement service identified Parent Carer reps who took part in development of IAS service specification and questions.</li> <li>• Analysis phase of IASS review (including Key Worker service) completed May 2017.</li> <li>• Funding secured for the following elements of the service for the expected contract duration (up to 5 years) –             <ul style="list-style-type: none"> <li>• Key Workers (joint NCC and CCG)</li> <li>• Core IASS (joint City and County Councils)</li> <li>• IRIS (joint City and County Councils)</li> <li>• Co-production (City Council only)</li> </ul> </li> <li>• Service model and specification finalised September 2017.</li> <li>• The tender for the new service opened in September 2017.</li> </ul>

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	March 2018			<ul style="list-style-type: none"> <li>Procurement is led by Notts County, with joint funding from Nottingham City Council and CCG.</li> <li>Contract award expected Nov/Dec. 2017.</li> </ul>
<b><u>Continuing</u></b>				
<p><b>3d. Integrated Commissioning of Health and Social Care Adult Provision supported by the Better Care Fund (BCF)</b></p> <p>This is a national initiative that brings together a joint budget (NCC and CCG) to support a more integrated approach to supporting vulnerable adults</p>	<p>The BCF supports integrated provision between Health and Social Care</p> <p>The aim is to agree on the most effective way to reduce the demand on high cost services through achieving the Government's targets of:</p> <ul style="list-style-type: none"> <li>-Reducing the number of unplanned visits to hospital</li> <li>-Reducing the number of people in residential care</li> <li>-Reducing the number of people in hospital with delayed transfer of care (DTC)</li> <li>-Re-abling people successfully so they are still at home 91 days after hospital discharge</li> </ul>	<ul style="list-style-type: none"> <li>Determine the services that sit within the BCF - September 17</li> <li>Oversee and monitor the BCF programme throughout the year</li> </ul>		<ul style="list-style-type: none"> <li>Services in scope still being determined by senior leadership</li> <li>Co-ordinating and working on NCC BCF savings work</li> <li>Working alongside Finance Officer on BCF programme</li> <li>Meeting to be set up internally with performance team to discuss BCF metrics and internal data systems</li> <li>Q2 returns completed and showing progress towards achieving the targets in 3 of the 4 areas with DTC being the most challenging.</li> </ul>
<p><b>3e. Child Development Review Phase 1 (Integrated 0-5 Children's Services)</b></p> <p><b>In scope:</b> Health Visitors, Family Nurse Partnership (FNP), 5-19 Public Health Nurses Breast Feeding Peer</p>	<p>This review will bring together six external contracts in order to create a consistent, evidence-based approach to supporting the health and wellbeing of pregnant women and their children aged 0-19. This will also maximise efficiencies, including management costs.</p> <p>The service delivery for 0-5 year olds will be closely aligned to NCC's internal Early Help Team with both providers working within</p>	<ul style="list-style-type: none"> <li>Integrated Service Model agreed - April 17</li> <li>Draft integrated service specification and monitoring framework - May17</li> <li>Provider Engagement Event – Aug 17</li> <li>Tender– October 17</li> <li>New service starts April 2018</li> </ul>		<ul style="list-style-type: none"> <li>New Integrated Service Model has been developed.</li> <li>Service specification and monitoring framework finalised</li> <li>Provider engagement event took place in August.</li> <li>Invitation To Tender has been advertised</li> <li>Tender closing date is 24<sup>th</sup> November</li> <li>Contract award date and new service start date will meet the original timeline</li> </ul>

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Supporters, Children's Nutrition Team,	<p>an integrated service specification with a shared outcomes framework and indicator set.</p> <p>The aim of the Review is to develop an integrated service which utilises the 0-5s workforce in a flexible but streamlined way and improves the experience of families with fewer handovers between professionals</p>			
<p><b>3f. Home Care</b></p> <p>This is a Review of the whole Homecare system which includes the provision of personal care and domestic support within the home to vulnerable adults.</p>	<p>The current Home Care System does not have enough capacity to meet the needs of an increasing elderly population.</p> <p>There are number of Home Care Providers with separate contracts and there is a need for a more streamlined and efficient system.</p> <p>The Review aims to improve the quality of care and support to citizens and to improve the offer to providers, including an increased hourly rate in line with market analysis.</p>	<ul style="list-style-type: none"> <li>Proposed model signed off - May 17</li> <li>Tender to be issued – October 17</li> <li>New services to be in place - April 18</li> </ul>		<ul style="list-style-type: none"> <li>A new model has been developed and the invitation to tender issued</li> <li>The new model moves away from a 'Time and Task' approach to one that supports a more individual approach to meeting the needs of citizens</li> <li>Citizens have been instrumental in working up the quality aspect of the service specification which supports a more outcome-focussed approach to the delivery of services. Citizens will have representative involvement in marking the tender responses to the quality aspects they would like to see as being essential in the delivery of good Home Care</li> <li>Tender evaluation will take place – November - December 2017.</li> <li>New services will be in place – April 2018</li> </ul>
<p><b>3g. Assistive Technology expansion</b></p> <p>Integrate existing assistive technology (AT) services (Telecare and Telehealth) into a single service.</p>	<p>The aim of expanding the service is to support more people to live as independently as possible within their own homes, where appropriate, through the use of a range of technologies including personal alarms, home sensors and other supportive devices some of which link directly to an 'on-call' response service.</p>	<p>Integrated Service between NCC and Nottingham City Homes established - April 17</p> <ul style="list-style-type: none"> <li>Commercial service established - April 2017</li> </ul>		<ul style="list-style-type: none"> <li>The integrated Assistive Technology service was established throughout Nottingham in January 2017. Although full integration including the transfer of NCC staff has been delayed, the service has been delivered in an integrated way since then.</li> <li>Nottingham City Homes have started to develop a commercial offer.</li> <li>From April 2017 they have had a price list for equipment on their website for self-purchase. However, a more developed commercial offer with equipment and service packages is being</li> </ul>

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<p>Develop an AT commercial service.</p> <p>Provide clinical hub video conferencing support for care home residents.</p> <p>Develop new AT initiatives.</p>		<ul style="list-style-type: none"> <li>Clinical hub operational - Oct 2016</li> </ul>		<p>prepared and will be supported with a marketing strategy.</p> <ul style="list-style-type: none"> <li>There are 8500 current users of AT, with a further 1200 former users since 2015. This is 1500 short of the manifesto commitment of supporting an extra 6,000 users.</li> <li>Video conferencing clinical support for residents has been delivered in 10 care homes in the City from January 2017. This was increased to 25 homes from June 2017.</li> <li>Initial evaluation has shown that the service has reduced the volume of ambulance call outs to those homes using the service as well as GP appointment requests. This is partly self-reporting from care home managers but is being verified against East Midlands Ambulance Service's data for ambulance attendances to care homes.</li> <li>In addition, Telehealth is being rolled out to 10 care homes.</li> <li>New initiatives relating to the AT Service are under development. This includes the use of a web-based system for managing and monitoring Chronic Obstructive Pulmonary Disease (COPD).</li> <li>Review of all AT funding underway</li> </ul>
<p>4. Nottingham's environment will be sustainable; supporting and enabling its citizens to have good health and wellbeing</p>				
<p>Activity to support this area of work is being considered for next year</p>				